

# Tantric Reiki

**Tantric Reiki** - Chakra Tantra Reiki is a form of spiritual healing which specifically balances the female and male energies within the chakras and awakens the Kundalini energy to set free the strength and force running through our main shushuma (energy channel) which through the crown chakra unites humans to the universal creative and expanding force. Neither "healing" nor "energy," Reiki is actually a form of Tantric [1] magic studied by Usui during a prolonged Buddhist retreat and fast during which time he reportedly studied Buddhist Tantric texts (see English language section of the internet web page, [BUDDHIST ORIGINS OF REIKI](#) ). Tantric Massage attunements. This balances the male-female energies in a couple. Tantra attunements practitioners see the lingam and yoni massage as not mere stimulation of the most powerful erogenous zones, but as awakening and honoring of the sacred male and female creative energies. When one's sexual energy is raised high,...The focus is within, the process uses tantric rituals, breath, sound and natural desire to relax the body, drop the mind, stimulate, arouse & direct the flow kundalini/shakti energy so as to "ride the waves" of ecstatic bliss. Reiki, in contrast, seems to be a non tactile, non physical thing that focusses on external energy.